



Christmas Newsletter 2018

★  
Happy Christmas  
from the RVRC  
Committee  
★

Great News- we have negotiated a discount with Petley Wood Equestrian Centre for all their Unaffiliated events. £2 will be taken off the entry fee using this code. First eligible competition is the Unaffiliated Show Jumping on 6<sup>th</sup> January 2019. The discount code will only be given out to fully paid up members of RVRC for 2019 so re-join now and get entering! <https://rvrc.pi-bi.com>

## COMING SOON

A series of lectures planned on the psychology of riding. The topics covered will be

**1. The power of positive thinking and recognising your support network.**

Putting your riding experiences into a positive framework and recognising the power of your own support network.

**2. Stepping outside your comfort zone.**

Recognising your comfort zone and developing the confidence and self-belief to push the boundaries.

**3. Dreams, ambitions and goals.**

Working out realistic goals and the steps needed to achieve them. Embracing challenges and making your dreams come true.

**4. Having fun with your horse and competing.** Planning outings with your horse, celebrating the positives, dealing with setbacks and reflecting on your performance.

## 5. Managing your nerves.

Recognising the positive influence of nerves. Working on how to harness self-belief to generate productive nerves and banish destructive nerves.

These hour-long sessions will be delivered by Sian Griffiths UKCC Level 2 who is undertaking training organised by the BHS through Bath University on Applied Psychology for riders. Sessions will be in small groups cost £5 each to include a hot drink and biscuits. The first one is Monday 14<sup>th</sup> January at 7.30 pm Booking through <https://rvrc.pi-bi.com>

### Below is a snapshot of the clinics on offer now through planit -bookit

Yoga Thursday 20 December	1 hour yoga session designed for horse riders - multiple sessions can be booked together Foxwood Studio Foxwood House Sheepstreet Lane Etchingam TN19 7AZ Further info: Debbie Haddow: debbiehaddow@googlemail.com	Thu 20/12/2018	
Junior Arena Eventing Training 80/90cm	Shane Carter @ Poppinghole Farm. Rosie Moon, Emily Morris, Amelia Dipper	Fri 21/12/2018	
Junior Arena Eventing Training 90/100cm	Shane Carter @ Poppinghole Farm Milli Wright, Harriet Dipper, Lizzie Moreton 90/100cm	Fri 21/12/2018	
Arena Eventing at Petley Wood with Camilla Kruger	RVRC CLINIC with Camilla Kruger (Olympic event rider) ☆ Arena Eventing ☆ Thursday 3rd January ☆ Petley Wood, Battle ☆ 70cm to 1m ☆ £25 per person (to include arena hire) in groups of 4 Petley Wood have kindly allowed us to use the whole arena, including steps and the dyke, so a great (and rare) opportunity to get some practice in!! Please book in and select height you want to jump, I will then put you in groups and send out times.	Thu 03/01/2019	
SJ clinic with Camilla Kruger at Bull Farm 8/1/19	RVRC CLINIC with Camilla Kruger (Olympic event rider) ☆ Showjumping ☆ Tuesday 8 <sup>th</sup> January ☆ Bull Farm, Cranbrook ☆ Bottom hole to 1m+ ☆ £20 per person (to include arena hire) All levels and ages very welcome, groups of 4. Lots of fun to be had Thanks to Juliet and Dom for allowing us a great venue at bargain price for RVRC. Please book in and select height you want to jump, I will then put you in groups and send out times.	Tue 08/01/2019	

!Spaces are available on the clinic on 8th January for both x poles and 50cms!

## Chairman's Christmas Message!

I would like to thank the members who have kindly returned their questionnaire I sent out recently I have had a good response with a lot of positive feedback and very useful comments and suggestions. I will summarize the information early in the new year when I have had time to make a report on the information. It is much appreciated and helpful for the committee to do their best to provide what you, the members, would like from RVRC.

As shown below we have a varied and exciting (I hope!) range of events planned for 2019 and a lot more to come I'm sure.

The committee has 2 or 3 members retiring this AGM and we are actively looking for replacements! No experience is required, however I'm sure lots of you have plenty to offer in many different ways, so please do contact me or any committee member for more information. It involves about 10 meetings (evening) a year and obviously we don't expect everyone to be able to attend every meeting! It is a friendly crowd and gives you a chance to be part of the running of RVRC.

The Senior Camp in July also needs a sub committee to set it up and help run it (you can still be a participant!) and this needs to start organizing and booking trainers etc. early in the new year. We have a couple of volunteers but do require more helpers to come forward asap please.

The next BIG EVENT is the AGM and 40th Anniversary Party on March 2nd. Invitations will be going out very soon, and it is being heavily subsidized by the club, so only £5 per member and £10 for non member guests. The AGM formalities will be at 7.00 pm and food served from 8.00pm, with the annual prize giving being done while puddings are served, and then its Disco Time! It should be a great evening and I look forward to as many members attending as possible and do bring your non horsey partners along too!

I would like to thank Mary Gillam for coming up with and producing this newsletter and we will try and send one out every couple of months or whenever there is news to send out.

The new RVRC website should be up and running early in the New Year and I hope this will be the 1st port of call for news, results and information for the members.

The committee has worked tirelessly throughout 2018 on your behalf and I am sure you would like to thank them very much!

Happy Christmas and a Happy and successful 2019 to you all!

Best Wishes, Dominic

Dominic Langdon-Down

## Results from the RVRC Christmas Show

### Jumping at Petley Wood

Class 1	Seniors		Juniors	
<b>40cms</b>				
1st	Dinah Smith	Ben	1st	Izzy Anderson Jimmy
2nd	Jo Powell	Bella	2nd	Rosie Moon My Pyjamas
3rd			3rd	Ellie Olgalvie Whisky
4th			4th	Bearice Allaway Max

Class 2	Seniors		Juniors	
<b>60cms</b>				
1st	Dinah Smith	Ben	1st	Ellie Olgalvie Whiskey
2nd	Jo Crouch	Blue	2nd	Rosie Moon My Pyjamas
3rd	Ronnie Stubbs	Ellie	3rd	Georgie Astall Piggy
4th	Julie Williams	River	4th	Emily Morris Bella
5th	Shane Carter	Ambrose		
6th	Sarah Mitchell	Bertie		
7th	Laura Hunnisett	Bramble		
8th	Lucy Moffett	Oscar		

Class 3	Seniors	
<b>50/70cms Pairs</b>		
1st	Dinah Smith/Shane Carter	
2nd	Sarah Mitchell/Mary Gillam	
3rd	Gail Turk /Sally Moir	
4th	James/and Lizzie Morton	
5th	Georgie Estall/Ellie Olgalvie	
6th	Julie Williams/Ronnie Stubbs	
7th	Lucy Moffatt/ Jenny Wood	

Class 4	Seniors		Juniors	
<b>70cms</b>				
1st	Sarah Mitchell	Bertie	1st	Rosie Moon George
2nd	Gail Turk	Just Jack	2nd	James Morton Sugar
3rd	Debbie Haddow	Midge	3rd	Emily Morris Bertie
4th	Sally Moir	L'Art du Silence	4th	Emily Morris Oscar
5th	Rebecca Friend	Dolly	5th	Sam Greatley Lucy
6th	Alex Smith	Autumn		
7th	Laura Hunnisett	Bramble		

Class 5	Seniors		Juniors	
<b>80 cms Scurry</b>				
1st	Helen Harrison	Cruz	1st	Harry Allaway Lily
2nd	Virgina Millington	Masie Mae	2nd	Ella Domanska Tess
3rd	Sally Moir	L'Art du Silence	3rd	Rosie Moon George
			4th	Zoe Sollis Jack
			5th	Sam Greatley Lucy

Class 6	Seniors		Juniors	
<b>80cms</b>				
1st	Dinah Smith	JJ	1st	Millie Wright Flower
2nd	Maddie Walters	Tori	2nd	Lizzie Morton Mickey
3rd	Andrea Furness	Jam	3rd	Lucy Yeates Whisper
4th	Debbie Haddow	Midge	4th	Ella Domanska Tess
5th	Rebecca Friend	Dolly		
6th	Virginia Millington	Masie Mae		

Class 7	Seniors		Juniors	
<b>90cms</b>				
1st	Dinah Smith	JJ	1st	Millie Wright Flower
2nd	Andrea Furness	Lux	2nd	Harry Allaway Lily
3rd	Maddie Walters	Tori	3rd	Lucy Yeates Whisper
4th	Clare Carter	Cruise	4th	Lizzie Morton Mickey
5th	Amanda Smith	Jack		
6th	Rachael Lloyd	Miss Diva		

Class 8	Seniors	
<b>Puissance</b>		
1st Joint	Andrea Furness Lux	
1st Joint	Millie Wright Flower	
3rd	Lizzie Morton Noah	
4th	Clare Carter Cruise	
5th	Beatrice Allaway Winnie	

SOME OF THE  
EVENTS PLANNED  
FOR 2019

AGM  
Celebration  
Supper on 2<sup>nd</sup>  
March at  
Leeford Place  
Hotel  
Easter  
Showjumping at  
Petley Wood  
Dressage  
Roadshows  
Camp at  
Benenden in  
July  
Friends of  
Freddie  
So join now!

<https://rvrc.pi-bi.com>